

DEVELOPMENTAL  
& BEHAVIORAL PEDIATRICS

## NEWSLETTER



A monthly newsletter for families of Developmental & Behavioral Pediatrics (DBP) at Boston Medical Center

## Massachusetts Re-opening!

Governor Baker announced new guidance about the state's reopening plans and masks, following the latest update from the CDC. Effective May 29th, all industries can fully reopen with no capacity limits and there will be no limits on public and private gatherings. Vaccinated individuals no longer need to wear a face covering or social distance indoors or outdoors except for in certain situations. Masks will still be required for all individuals on public transportation, and in healthcare facilities, congregate care settings and health and rehabilitative day services. *Face coverings will also remain required indoors for staff and students of K-12 schools and early education providers. Masks, however, will no longer be required during outdoor activities such as recess and outdoor sports (even if social distancing cannot be followed).* The state is still advising non-vaccinated individuals to wear face masks and to practice social distancing. To learn more visit: <https://www.mass.gov/info-details/reopening-massachusetts>



### SUMMER IS UPON US!

Check out our 2021 Summer Guide for leads on camps, community programs and at-home activities

[www.bmc.org/autism](http://www.bmc.org/autism)

## Vaccine Resource

Looking for an easy way to get vaccinated?

All BMC vaccination sites are open for walk-ins for any MA resident over the age of 12.

You can also make an appt at:

<https://www.bmc.org/covid-19-vaccine-locations>

Hyde Park @ Menino YMCA: 8am-3pm, Mon-Fri

Mattapan @ Morning Star Baptist Church:  
8am- 3pm, Mon, Tues, Thurs, Fri

Roslindale @ St. Nectarios Greek Orthodox Church:  
8am- 3pm, Mon-Sat

Dorchester @ Russell Auditorium: 8:30am-3pm, Mon-Sat

Roxbury @ Twelfth Baptist Church: 8am- 3pm, Mon-Sat

Boston Medical Center @ 85 East Concord Street:  
8am- 3pm



## FREE MEALS Extended through 2021

The U.S. Department of Agriculture has extended school meal waivers through the end of the 2021-2022 school year, allowing the continuation of universal free school meals at any school district throughout the state for the rest of this school year, through the summer, and through next school year. Schools nationwide will be allowed to serve meals through USDA's National School Lunch Program Seamless Summer Option, which is typically only available during the summer months and which allows schools to serve free meals to all children. More information can be found at <https://www.fns.usda.gov/cn>



To find food pantries, drives and to see if you might qualify for financial assistance for groceries, please visit <https://www.projectbread.org/get-help> or call 1.800.645.8333 for help

## Get Moving!

### ***Did you know that May is National Tennis Month?***

Not only does tennis provide a great physical workout that strengthens gross motor function, hand eye coordination, and focus, but it is also a wonderful way to build confidence, promote independence, and encourage social skills. Tennis programs for children, adolescents and adults on the autism spectrum are becoming more accessible across the country-providing new opportunities for individuals and families to get moving, make connections, and most importantly-have fun! Whether you try a one day clinic, or full summer camp, Tennis may just be your next favorite hobby!



[www.aceingautism.org](http://www.aceingautism.org)

**Check out these two great organizations serving up in-person and virtual tennis classes all across the US.**



IN PARTNERSHIP WITH **USTA**  
FLORIDA

[www.loveservingautism.org](http://www.loveservingautism.org)

## Resources



Boston Medical Center is here to support you during this difficult time. Check out our new resource spreadsheet, which has links to virtual learning, social stories, music/animal/fitness programs, live on line classes and more. See the second tab for free meals and financial services throughout Massachusetts. This spreadsheet is available in multiple languages and will be continuously updated as new resources become available. Know of something to add?

Email us at  
[autismprogram@bmc.org](mailto:autismprogram@bmc.org)  
 with suggestions.

For past recordings of our webinar series: Caring for Kids with Autism and Developmental Differences, please visit <https://www.youtube.com/channel/UCifYfJKUuSa8XzytUcn-Anw>



## Clinic

Developmental & Behavioral Pediatrics clinicians are available by phone/Zoom for telehealth visits and consultations. Please call us at 617-414-4841 if you have any questions or are in need of support. To create a free zoom account, visit [zoom.us/signup](https://zoom.us/signup).



### Our Clinicians

Marilyn Augustyn, MD  
 Naomi Steiner, MD  
 Arathi Reddy, DO  
 Ana Carolina Sanchez, MD  
 Jodi Santosuosso, NP  
 Rachel Amgott, NP  
 Christina Lazdowsky, NP  
 Mei Elansary, MD  
 Alyssa King, PhD  
 Ana Treadaway, MD  
 Mediatrix Mbamalu, MD  
 Christine McGivney, DO  
 Jocelyn Kuhn PhD  
 Audrey Christiansen, MD

## ABOUT THIS NEWSLETTER

This newsletter is brought to you by the Autism Program at Boston Medical Center, a family support program of Developmental & Behavioral Pediatrics. We are committed to supporting any family of DBP during this time, regardless of diagnosis. Please don't hesitate to reach out, and follow us on social media for more tips and information!



[BMC.org/autism](https://BMC.org/autism)  
[Autismprogram@bmc.org](mailto:Autismprogram@bmc.org)



The Autism Program at Boston Medical Center



@BMCAutismProgram